International Congress OF INTERNAL MEDICINE

Organizers:



INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE



DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE Director: Professor G.N. Dalekos

In cooperation with:



HELLENIC ASSOCIATION FOR THE STUDY OF THE LIVER

THEO HELLENIC STROKE ORGANIZATION

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FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

Under the auspices of the:

MINISTRY OF HEALTH, GREECE



UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

March 9-11, 2017

Hilton Athens Hotel Athens, Greece

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The Congress has been accredited with 18 Continuing Medical Education (CME) Credits by the Panhellenic Medical Association

PRELIMINARY PROGRAMME



Organizers:



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UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE



09:00 - 10:30 ORAL PRESENTATIONS CARDIOVASCULAR AND METABOLIC DISEASES

OP01-OP09

<u>Chairpersons</u>: Konstantinos P. Makaritsis (Larissa, Greece) Vasileios Papavasileiou (Leeds, UK)

OP01 DEVELOPMENT OF CARDIOVASCULAR IMPLANTS UTILIZING THE HUMAN UMBILICAL ARTERY

^{1,4}Panagiotis Mallis, ¹Efstathios Michalopoulos,

²Michalis Katsimpoulas, ³Daniele Dipresa, ³Sotiris Korossis,

⁴Aggeliki Papapanagiotou, ¹Catherine Stavropoulos-Giokas ¹Hellenic Cord Blood Bank (HCBB), Biomedical Research Foundation Academy of Athens, Greece

²Center of Clinical, Experimental Surgery and Translational Research, Biomedical Research Foundation Academy of Athens, Athens, Greece

³Department of Cardiothoracic, Transplantation and Vascular Surgery, Hannover Medical School, Hannover, Germany ⁴School of Medicine, National and Kapodistrian University of Athens, Athens, Greece

OP02 RELATIONSHIP BETWEEN VITAMIN D LEVELS AND DIFFERENT CARDIOVASCULAR RISK SCORES IN PATIENTS WITH TYPE 2 DIABETES MELLITUS

<u>Ridvan Sivritepe</u>, Sema Basat, Damla Ortaboz Department of Internal Medicine, University of Health Sciences Umraniye Education and Research Hospital, Istanbul, Turkey

OP03 THE RELATIONSHIP BETWEEN VITAMIN D LEVEL AND ERECTILE DYSFUNCTION IN MALE PATIENTS WITH TYPE 2 DIABETES MELLITUS

¹Sema Basat, ¹<u>Rıdvan Sivritepe</u>, ¹Damla Ortaboz, ¹Ecem Sevim Çalık, ²Eyüp Veli Küçük, ²Berkan Şimşek, ³Sabri Atay, ⁴Arzu Çalışgan

¹Department of Internal Medicine, University of Health Sciences Umraniye Education and Research Hospital, Istanbul, Turkey ²Department of Urology, University of Health Sciences Umraniye Education and Research Hospital, Istanbul, Turkey

³Kartal Uğur Mumcu Family Healty Center, Istanbul, Turkey

⁴Medstats Analysis and Consulting Company, Istanbul, Turkey



OP04 NON-VITAMIN-K-ANTAGONIST ORAL ANTICOAGULANTS VERSUS WARFARIN IN PATIENTS WITH ATRIAL FIBRILLATION AND PREVIOUS STROKE OR TRANSIENT ISCHEMIC ATTACK

¹George Ntaios, ²Vasileios Papavasileiou, ³Hans-Chris Diener, ⁴Konstantinos P. Makaritsis, ⁴Patrik Michel ¹Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece ²Stroke Service, Department of Neurosciences, Leeds Teaching Hospitals NHS Trust and Medical School, University of Leeds, Leeds, UK ³Department of Neurology and Stroke Center, University Hospital Essen, Essen, Germany

⁴Stroke Center, Centre Hospitalier Universitaire Vaudois and University of Lausanne, Lausanne, Switzerland

OP05 ASSOCIATION BETWEEN OSTEOARTHRITIS AND SARCOPENIA IN GERIATRIC PATIENTS WITH TYPE 2 DIABETES MELLITUS (T2DM)

¹Sema Ucak, ¹Ridvan Sivritepe, ¹Damla Ortaboz, ¹Ecem Sevim Çalık, ²Sabri Atay, ³Arzu Çalışgan ¹Department of Internal Medicine, University of Health Sciences Umraniye Education and Research Hospital, Istanbul, Turkey ²Kartal Uğur Mumcu Family Health Center, Istanbul, Turkey ³Medstats Consulting Limited Company, Istanbul, Turkey

OP06 AGE- AND SEX-SPECIFIC ANALYSIS OF CHARACTERISTICS AND OUTCOMES OF PATIENTS WITH EMBOLIC STROKE OF UNDETERMINED SOURCE

¹George Ntaios, ²Gregory Y.H. Lip, ³Konstantinos Vemmos, ³Eleni Koroboki, ³Efstathios Manios, ³Anastasia Vemmou, ⁴Ana Rodríguez-Campello, ⁴Elisa Cuadrado-Godia, ⁴Jaume Roquer, ⁵Valentina Arnao, ⁵Valeria Caso, ⁵Maurizio Paciaroni, ⁶Exuperio Diez-Tejedor, ⁶Blanca Fuentes, ⁶Josefa Pérez Lucas, ⁷Antonio Arauz, ⁸Sebastian F. Ameriso, ⁸Lucía Pertierra, ⁸Maia Gómez-Schneider, ⁹Maximiliano A. Hawkes, ¹⁰Fabio Bandini, ¹¹Beatriz Chavarria Cano, ¹¹Ana Maria Iglesias Mohedano, ¹¹Andrés García Pastor, ¹¹Antonio Gil-Núñez, ¹²Jukka Putaala, ^{12,13}Turgut Tatlisumak, ¹⁴Miguel A. Barboza, ¹George Athanasakis, ¹⁵Fotios Gioulekas, ¹Konstantinos Makaritsis, ^{1,16}Vasileios Papavasileiou ¹Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece ²University of Birmingham Institute of Cardiovascular Sciences, City Hospital, Birmingham, UK



⁴Stroke Unit, Department of Neurology, Hospital del Mar.
Neurovascular Research Group, IMIM-Hospital del Mar (Institut
Hospital del Mar d'Investigacions Mèdiques), Universitat
Autònoma de Barcelona, Barcelona, Spain
⁵Stroke Unit, University of Perugia, Perugia, Italy
⁶Department of Neurology and Stroke Center, La Paz University
Hospital - Autónoma University of Madrid, IdiPAZ Health Research
Institute, Madrid, Spain
⁷Stroke Clinic. Instituto Nacional de Neurología y Neurocirugía
Manuel Velasco Suárez, Mexico City, Mexico
⁸Department of Neurology, Institute for Neurological Research,
FLENI, Buenos Aires, Argentina
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Mayo Clinic, Rochester, Minnesota, USA

³Department of Clinical Therapeutics, Medical School of Athens,

Alexandra Hospital, Athens, Greece

¹⁰Department of Neurology, S. Paolo Hospital, Savona, Italy
 ¹¹Vascular Neurology Section, Stroke Center, Hospital General
 Universitario Gregorio Marañón, IiSGM Health Research Institute,
 Universidad Complutense de Madrid, Madrid, Spain
 ¹²Department of Neurology, Helsinki University Central Hospital

¹²Department of Neurology, Helsinki University Central Hospital and University of Helsinki, Helsinki, Finland

 ¹³Institute of Neuroscience and Physiology, Sahlgrenska Academy at University of Gothenburg, Gothenburg, Sweden; Department of Neurology, Sahlgrenska University Hospital, Gothenburg, Sweden
 ¹⁴Neurosciences Department, Hospital Dr. Rafael A. Calderón Guardia, CCSS. University of Costa Rica, Costa Rica
 ¹⁵Sub-directorate of Informatics, Larissa General University

Hospital, Larissa, Greece

16 Stroke Service Department of Neurosciences Leads Teaching

¹⁶Stroke Service, Department of Neurosciences, Leeds Teaching Hospitals NHS Trust and Medical School, University of Leeds, Leeds, UK

OP07 GENDER DIFFERENCES IN MORTALITY AMONG STATIN USERS AGED 80 YEARS OR MORE

^{1,2}Dan Justo, ³Mark Tchernichovsky, ¹Anjelika Kremer,

⁴Shany Sherman, ⁴Marina loffe, ^{2,4}Haim Mayan

¹Department of Internal Medicine and Geriatrics D, Sheba Medical Center, Tel-Hashomer, Israel

²Sackler School of Medicine, Tel-Aviv University, Israel

³Rappaport School of Medicine, Technion – Israel Institute of Technology, Israel

⁴Department of Internal Medicine E, Sheba Medical Center, Tel-Hashomer, Israel



OP08 EVALUATION OF THE URIC ACID AS SUBCLINICAL MALNUTRITION INDICATOR

¹Guven Koc, ¹Sibel Ocak Serin, ²Hakan Kocoglu, ²Yildiz Okuturlar, ¹Ridvan Sivritepe, ¹Tulay Eyupgiller, ³Gulay Turan,

¹Sema Ucak Basat

¹Department of Internal Medicine, Umraniye Education and Research Hospital, Health Sciences University, Istanbul, Turkey ²Department of Internal Medicine, Bakirkoy Dr. Sadi Konuk Education and Research Hospital, Istanbul, Turkey ³Department of Internal Medicine, Private Safa Hospital, Istanbul, Turkey

OP09 SCREENING FOR FABRY DISEASE IN TWO GREEK NEPHROLOGY DEPARTMENTS

¹Christos Paliouras, ²Stamatia Kouzouka, ¹Konstantinos Roufas, ¹Giorgos Ntetskas, ¹Fotini Lambrianou, ¹Nikolaos Karvouniaris, ¹Emmanouil Anastasakis

¹Hematology Department of General Hospital of Rhodes, Rhodes, Greece ²Nephrology Department of General Hospital of Kos, Kos, Greece

10:30 - 11:00 STATE-OF-THE-ART LECTURE

<u>Chairperson</u>: **Dimitrios Samonakis** (Heraklion, Greece)

Importance of European registries on rare liver diseases: The paradigm of autoimmune hepatitis **Rodrigo Liberal** (London, UK)

11:00 - 11:30 Coffee break

11:30 - 13:00 ROUND TABLE

Hypolipidemic treatment: What is new?

<u>Chairperson</u>: **Moses Elisaf** (loannina, Greece)

Should we treat everyone above 60 years with a statin? **Chris J. Packard** (*Glasgow*, *UK*)

Familial hypercholesterolemia diagnosis and treatment: Can we perform better?

G. Kees Hovingh (Amsterdam, The Netherlands)

PCSK9 inhibition: What is hot in 2017? **Terje Rolf Pedersen** (Oslo, Norway)



13:00 - 14:00 SYMPOSIUM

Intensive blood pressure control

<u>Chairperson</u>: **Alberto Zanchetti** (Milan, Italy)

Pros

Michel Burnier (Lausanne, Switzerland)

Cons

Alberto Zanchetti (Milan, Italy)

14:00 - 14:30 SATELLITE LECTURE

14:30 - 16:00 Leisure time

16:00 - 17:30 ROUND TABLE

Stroke etiology and management

Hellenic Stroke Organization

<u>Chairpersons</u>: **Jose Ferro** (Lisbon, Portugal) **George Ntaios** (Larissa, Greece)

Stroke in the young

Jukka Putaala (Helsinki, Finland)

Drug-induced stroke

Jose Ferro (Lisbon, Portugal)

Can we predict thrombolysis-associated symptomatic intracranial hemorrhage?

Daniel Strbian (Helsinki, Finland)

Management of intracranial artery stenosis

Christian Weimar (Essen, Germany)

17:30 - 18:00 SATELLITE LECTURE



18:00 - 19:30 ROUND TABLE Heart and stroke

Hellenic Stroke Organization

<u>Chairpersons</u>: **Heinrich Mattle** (Bern, Switzerland) **Konstantinos Spengos** (Athens, Greece)

Patent foramen ovale in cryptogenic stroke: Closure, antiplatelets or anticoagulants? **Heinrich Mattle** (Bern, Switzerland)

Optimal strategy for detection of atrial fibrillation in patients with cryptogenic stroke

Martin Kohrmann (Essen, Germany)

Acute treatment in patients with acute ischemic stroke treated with oral anticoagulants

George Ntaios (Larissa, Greece)

19:30 - 19:45 Break

19:45 - 21:00 OPENING CEREMONY

Welcome

Inaugural Lecture

Improving health care by innovations and clinical research

Daniel Sereni (Paris, France)

President of the Foundation for the Development of Internal Medicine in Europe (FDIME)

21:00 WELCOME RECEPTION





08:30 - 10:00 ORAL PRESENTATIONS GASTROENTEROLOGY/HEPATOLOGY (A)

OP10-OP18

<u>Chairpersons</u>: M. Deutsch (Athens, Greece)

R. Liberal (London, UK)

OP10 INTERFERON-INDUCED PROTEIN-10 (IP10) AT ENTECAVIR (ETV) OR TENOFOVIR (TDF) DISCONTINUATION IN NONCIRRHOTIC HBeAg-NEGATIVE CHRONIC HEPATITIS B (CHBe-) CANNOT PREDICT SUBSEQUENT RELAPSES. DARING-B: PROSPECTIVE GREEK STUDY

¹Margarita Papatheodoridi, ²Emilia Hadziyannis, ³Eirini Rigopoulou,

³Kalliopi Zachou, ¹Vasilis Xourafas, ³Aggeliki Lyberopoulou,

³Nikolaos K. Gatselis, ²Spilios Manolakopoulos, ³George N. Dalekos, ¹George Papatheodoridis

¹Department of Gastroenterology, Medical School of National and Kapodistrian University of Athens, Laiko General Hospital, Athens, Greece

²2nd Department of Internal Medicine, Medical School of National and Kapodistrian University of Athens, Hippokration General Hospital, Athens, Greece

³Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece

OP11 CHARACTERISTICS OF PATIENTS WITH WILSON'S DISEASE IN A SINGLE-CENTER IN GREECE: LAST 3 DECADES OF EXPERIENCE

Spyridon Savvanis, Maria Tampaki, Emmanouil Koullias, Melanie Deutsch, Emmanouil Manesis, John Koskinas Academic Department of Internal Medicine, Medical School of Athens, Hippokration General Hospital, Athens, Greece

OP12 CHARACTERISTICS OF GREEK MALE PATIENTS WITH PRIMARY BILIARY CHOLANGITIS (PBC)

¹Kalliopi Azariadi, ¹Vasiliki Ligoyra, ¹Kalliopi Zachou, ¹Pinelopi Arvaniti, ¹Asterios Saitis, ¹Nikolaos K. Gatselis, ²George K. Koukoulis, ¹George N. Dalekos ¹Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece ²Department of Pathology, Medical School, University of Thessaly, Larissa, Greece





OP13 SEVERE ACUTE NON-A, NON-B, NON-C HEPATITIS WITH AUTOIMMUNE FEATURES: CONSIDER ACUTE HEPATITIS E VIRUS (HEV) INFECTION NOT JUST AUTOIMMUNE HEPATITIS (AIH)

¹Kalliopi Azariadi, ¹Pinelopi Arvaniti, ¹Nikolaos K. Gatselis, ²George K. Koukoulis, ¹George N. Dalekos, ¹Kalliopi Zachou ¹Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece ²Department of Pathology, Medical School, University of Thessaly, Larissa, Greece

OP14 SERUM HUMAN BETA-DEFENSIN-1 IS AN ACCURATE PREDICTOR OF SHORT-TERM MORTALITY IN PATIENTS WITH ACUTE-ON-CHRONIC LIVER FAILURE

¹Danai Agiasotelli, ¹Ilianna Mani, ¹Larisa Vasilieva,

 ${}^{1}Alexandra\ Alexopoulou,\ {}^{1}Emilia\ Hadziyannis,\ {}^{2}Dimitris\ Goukos,$

²George L. Daikos, ¹Spyros P. Dourakis

¹2nd Department of Internal Medicine, Hippokration General Hospital, Medical School, National and Kapodistrian University of Athens, Athens, Greece

²1st Department of Propedeutic Medicine, Laiko General Hospital, Medical School, National and Kapodistrian University of Athens, Athens, Greece

OP15 CHRONIC HEPATITIS C PATIENTS WITH GENOTYPE 5, TREATED WITH NEWER ANTIVIRAL DRUGS

<u>Giorgos Ntetskas</u>, Vasileios Papastergiou, Eystathia Anastasiou, Nikitas Katsilis, Anna Katsili, Maria Stampori,

Chrisostomos Pselas, Athanasios Hastas, Dimitra Kozikopoulou, Stilianos Karatapanis

1st Department of Internal Medicine, General Hospital of Rhodes, Rhodes, Greece

OP16 PATIENTS WITH HAEMOGLOBINOPATHIES AND CHRONIC HEPATITIS C: A REALLY DIFFICULT TO TREAT POPULATION IN 2016?

Kalliopi Zachou, <u>Pinelopi Arvaniti</u>, Nikolaos K. Gatselis, Kalliopi Azariadi, Georgia Papadamou, Eirini Rigopoulou, George N. Dalekos

Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece





OP17 THE ROLE OF THE NLRP3 INFLAMMASOME AND THE ACTIVATION OF IL-1β IN THE PATHOGENESIS OF CHRONIC VIRAL HEPATIC INFLAMMATION

¹<u>Adam Molyvdas</u>, ²Urania Georgopoulou, ⁵Themistoklis Vassiliadis,

⁴Prodromos Hytiroglou, ¹Anastasios E. Germenis,

³Georgios Germanidis, ¹Matthaios Speletas

¹Department of Immunology and Histocompatibility, University of Thessaly, School of Health Sciences, Faculty of Medicine, Larissa, Greece

²Pasteur Institute, Athens, Greece

³First Department of Internal Medicine, AHEPA Hospital, Aristotle University of Thessaloniki, School of Medicine, Thessaloniki, Greece ⁴Department of Pathology, AHEPA Hospital, Aristotle University of Thessaloniki, School of Medicine, Thessaloniki, Greece ⁵Third Department of Internal Medicine, Papageorgiou Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

OP18 THE CURRENT RECOMMENDED TREATMENT WITH 2ND GENERATION DAAS IN CHRONIC HEPATITIS C IN GREECETOLERATION AND VIROLOGICAL RESPONSE

¹Andreas Kapatais, ²Solon Solomou, ³Dimitrios Karagiannakis,

¹Evaggelia Ouranou, ²Ekaterini Kitna, ²Becator Latsis,

²Alexia Theofilou, ²Stefanos Tigas, ²Antonios Loutountzis,

⁴Theofani Karaoulani

¹Internal Medicine Department, General Hospital Western Attiki -General Hospital "Agios Panteleimon", Nikaia, Pireaus, Greece ²1st Department of Internal Medicine, General Hospital "Agios Panteleimon" - General Hospital Western Attiki, Nikaia, Pireaus, Greece

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08:30 - 10:00 ORAL PRESENTATIONS **GASTROENTEROLOGY/HEPATOLOGY (B)**

OP19-OP27

Chairpersons: Sotirios Georgopoulos (Athens, Greece) **Evangelos. Cholongitas** (Thessaloniki, Greece)

OP19 POSTINFANTILE GIANT CELL HEPATITIS (PIGCH): A RARE HISTOLOGICAL PRESENTATION OF AUTOIMMUNE HEPATITIS (AIH) LEADING TO FULMINANT LIVER FAILURE

¹Pinelopi Arvaniti, ¹Kalliopi Azariadi, ¹Vasiliki Lygoura, ¹Nikolaos Gatselis, ²George K. Koukoulis, ¹George N. Dalekos,

¹Kalliopi Zachou

¹Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece ²Department of Pathology, Medical School, University of Thessaly, Larissa, Greece

OP20 LOW SURVIVAL IN PATIENTS WITH DECOMPENSATED CIRRHOSIS AND GASTROINTESTINAL TRACT COLONIZATION BY MULTIDRUG RESISTANT BACTERIA

¹Sophia Pouriki, ²Georgia Vrioni, ¹Helen Sambatakou,

¹Larisa Vasilieva, ¹Iliana Mani, ¹Alexandra Alexopoulou,

¹Spyros P. Dourakis

¹2nd Department of Internal Medicine, Hippokration General Hospital, Medical School, National and Kapodistrian University of Athens, Athens, Greece

²Department of Microbiology, Medical School, National and Kapodistrian University of Athens, Athens, Greece

OP21 **SCREENING OF LIFE STYLE FACTORS IN SLOVAK LIVER OUTPATIENTS**

¹Maria Szantova, ²Lubomir Skladany, ³Martin Janicko, ⁴Marek Rac,

⁵Martin Zima, ²Zuzana Meszarosova, ¹Zuzana Durkovicova,

¹Viera Kupcova, ²Svetlana Adamcova Selcanova, ²Maria Belovicova

¹3rd Department of Internal Medicine, Medical Faculty of Comenius University Bratislava, Bratislava, Slovakia

²2nd Department of Internal Medicine, University Hospital of FD Roosevelt, Banska Bystrica, Slovakia

³Department of Internal Medicine of University PJ Safarik Kosice, Slovakia

⁴Department of Internal Medicine University Hospital KF, Nitra, Slovakia ⁵2nd Department of Internal Medicine, Hospital Nove Zamky, Slovakia





OP22 CAUSATIVE DISTRIBUTION AND EPIDEMIOLOGIC DATA OF LIVER CIRRHOSIS

¹Xanthi Koufomichali, ¹Dimitrios Charitos, ¹Christina Ellina,

¹Athina Eleftheriadou, ¹Christina Karampampa,

¹Evangelos Michelakis, ²Ioannis Minardos, ³Christiana Kaliouli,

¹Larisa Karasavidou, ¹Christos Drakoulis

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³Immunology Department General State Hospital of Nikaia-Piraeus "Agios Panteleimon", Athens, Greece

OP23 HEPATOCELLULAR CARCINOMA (HCC) IN MULTITRANSFUSED PATIENTS WITH THALASSEMIA MAJOR (TM) IN GREECE: RISK FACTORS, CHARACTERISTICS AND THERAPEUTIC APPROACHES

^{1,2}Dimitrios Kountouras, ²Antonis Kattamis, ⁴Alexandra Kouraklis,

⁵Evanggelos Klironomos, ⁶Ioannis Lafiatis, ⁷Fotini Petropoulou,

⁸Konstantinos Maragkos, ¹⁰Kallistheni Farmaki,

⁹Artemis Vasileiadi, ³John Koskinas

¹Hepatology Department, Hygeia-Mitera Hospital, Athens, Greece ²A Academic Department of Paediatrics, University of Athens, Athens, Greece

³B Academic Department of Medicine, University of Athens, Athens, Greece

⁴Hematology Department, University of Patras, Patras, Greece

⁵Transfusion Unit, University of Crete, Heraklion, Greece

⁶Transfusion Unit, Vostanion Hospital of Lesvos, Mytilene, Greece

⁷Transfusion Unit, General State Hospital, Athens, Greece

⁸Transfusion Unit, Hippokration Hospital, Athens, Greece

⁹Transfusion Unit, General Hospital of Hania, Hania, Greece

¹⁰Transfusion Unit, General Hospital of Korinth, Korinth, Greece

OP24 ILEO-COLONOSCOPY, CARDIO-RESPIRATORY DISEASES AND ADEQUATE SEDATION

¹Nikolaos V. Chrysanthos, ²Niki Mpardatsou,

¹Evagelia Anagnostopoulou, ²Popi Alexandraki

¹Gastrointestinal Department, St. George General Hospital of Chania, Chania, Greece

²Department of Anesthesiology, St. George General Hospital of Chania, Chania, Greece





OP25 PERSISTENT INTESTINAL INFLAMMATION LEADS TO SURGICAL INTERVENTION IN CROHN'S PATIENTS: A NESTED CASE-CONTROL STUDY

^{1,2}Polychronis Pavlidis, ²Alexandra Cockroft, ¹Ingvar Bjarnason,

¹Department of Gastroenterology, King's College Hospital, London, UK ²King's College London, UK

OP26 MEAN TROUGH LEVELS OF EVEROLIMUS ARE ASSOCIATED WITH HEPATOCELLULAR CARCINOMA RECURRENCE AFTER LIVER TRANSPLANTATION

¹<u>Theodora Oikonomou</u>, ¹Evangelos Cholongitas, ¹Ioannis Goulis, ¹Christina Tondikidi, ¹Marianna Diavasti, ¹Konstantina Vaitsi, ¹Eugenia Voudouri, ²Ioannis Fouzas, ¹Evangelos Akriviadis, ²Vasilaise Paparikalasu.

²Vasileios Papanikolaou

¹4th Department of Internal Medicine, Hippokration General Hospital, Medical School Aristotle University of Thessaloniki, Thessaloniki, Greece

²Department of Transplant Surgery, Hippokration General Hospital, Medical School Aristotle University of Thessaloniki, Thessaloniki, Greece

OP27 EVALUATION OF POLYUNSATURATED FATTY ACIDS RICH FOODS INTAKE ON GENETICALLY SUSCEPTIBLE INDIVIDUALS: THE HELLENIC NAFLD STUDY

¹<u>Ioanna Panagiota Kalafati</u>, ¹Maria Dimitriou, ¹Dimitra Borsa, ¹Efstathia Zogkza-Frantzeskaki, ¹Venetia Bazioti,

³John Vlachogiannakos, ²Konstantinos Revenas,

³Alexander Kokkinos, ³Spyridon D. Ladas, ¹George V. Dedoussis ¹Department of Nutrition and Dietetics, School of Health Science and Education, Harokopio University of Athens, Athens, Greece ²Radiology Department, General Hospital of Athens "Laiko", Athens, Greece

³First Department of Propaedeutic Medicine, General Hospital of Athens "Laiko", Athens, Greece

^{1,2}Bu'Hussain Hayee

PARALLEL SESSION



Hall Hesperides

10:00 - 11:30 ROUND TABLE

Obesity: From epidemiology to treatment

<u>Chairpersons</u>: **Hermann Toplak** (*Graz, Austria*) **Peter Nilsson** (*Malmo, Sweden*)

Epidemiology, definition and diagnosis of obesities **Hermann Toplak** (*Graz, Austria*)

Obesity, impaired glucose metabolism and vascular changes **Peter Nilsson** (*Malmo*, *Sweden*)

Mechanisms of obesity induced hypertension **Vasilios Kotsis** (*Thessaloniki*, *Greece*)

Novel drugs in the treatment of obesity **Jens Jordan** (*Hannover*, *Germany*)

Hall Thalia 4

10:00 - 11:30 ROUND TABLE

Advances in viral hepatitis management

Hellenic Association for the Study of the Liver

<u>Chairpersons</u>: **Stephanos J. Hadziyannis** (Athens, Greece) **John Koskinas** (Athens, Greece)

Chronic hepatitis B: Discontinuation of oral antivirals **Stephanos J. Hadziyannis** (Athens, Greece)

Chronic hepatitis C: Challenges in special populations **Heiner Wedemeyer** (*Hannover, Germany*)

Chronic hepatitis delta: An update Cihan Yurdaydin (Ankara, Turkey)

11:30 - 12:00 E-poster viewing/Coffee Break



12:00 - 13:30 ROUND TABLE

New developments in diabetes mellitus

Hellenic Diabetes Association

<u>Chairpersons</u>: Nikolaos Papanas (Alexandroupolis, Greece)

George Dimitriadis (Athens, Greece)

Novel approaches to manage dyslipidaemia, NAFLD and CV risk in type 2 diabetes

Manfredi Rizzo (Palermo, Italy)

Silent myocardial ischaemia in diabetes: New developments **Paul Valensi** (*Paris. France*)

Diabetic neuropathy: New developments in early diagnosis and treatment

Dan Ziegler (Düsseldorf, Germany)

Hall Thalia 4

12:00 - 13:30 ROUND TABLE

Treatment innovations in rheumatic diseases

<u>Chairpersons</u>: Loic Guillevin (Paris, France)

Yves Renaudineau (Brest, France)

Treatment of ANCA-associated vasculitis: Questions and concerns **Loic Guillevin** (*Paris, France*)

Biological-targeted treatments in giant cell arteritis and Takayasu arteritis

Maxime Samson (Dijon, France)

Primary Sjögren's syndrome: How to improve specific treatment? **Yves Renaudineau** (*Brest, France*)

Axial spondyloarthritis and psoriatic arthritis:

Emerging treatment strategies

Menelaos N. Manoussakis (Athens, Greece)

Hall Hesperides

13:30 - 14:00 **SATELLITE LECTURE**

14:00 - 15:30 E-poster viewing/Leisure time



15:30 - 16:30 SYMPOSIUM

Staphylococcal infections

<u>Chairperson</u>: **Serhat Unal** (Ankara, Turkey)

Choosing antibiotics in difficult to treat staphylococcal infections **Francesco Menichetti** (*Pisa*, *Italy*)

Optimizing treatment strategies in S. aureus bacteremia **Serhat Unal** (*Ankara*, *Turkey*)

16:30 - 17:00 STATE-OF-THE-ART LECTURE

Hellenic Stroke Organization

Chairperson: Konstantinos Vemmos (Athens, Greece)

Clinical application of stroke genetics **Martin Dichgans** (Munich, Germany)

17:00 - 17:45 SATELLITE SYMPOSIUM

17:45 - 18:15 E-poster viewing/Break

18:15 - 19:45 ROUND TABLE

Internal Medicine in the 21st century

European Federation of Internal Medicine (EFIM)

<u>Chairpersons</u>: Pier Mannuccio Mannucci (Milan, Italy)
George N. Dalekos (Larissa, Greece)

European Curriculum of Internal Medicine Runólfur Pálsson (Reykjavík, Iceland)

Choosing wisely: To be or not to be - that's the question **Nicola Montano** (Milan, Italy)

The role of EFIM publications for trainees and specialists **Pier Mannuccio Mannucci** (Milan, Italy)

19:45 - 20:15 STATE-OF-THE-ART LECTURE

Chairperson: George Ntaios (Larissa, Greece)

Selecting the appropriate antithrombotic strategy in atrial fibrillation **Gregory Lip** (*Birmingham*, *UK*)

20:15 - 21:00 SATELLITE SYMPOSIUM





08:30 - 09:30 ORAL PRESENTATIONS INFECTIOUS DISEASES

OP28-OP33

<u>Chairpersons</u>: Eleni Boutati (Athens, Greece)

Efthymia Giannitsioti (Athens, Greece)

OP28 THE INFLUENCE OF ILLNESS DURATION BEFORE DIAGNOSIS OVER THE CLINICAL CHARACTERISTICS IN PATIENTS WITH BRUCELLOSIS

¹Mile Bosilkovski, ²Dijana Siskova, ³Silvana Miskova,

⁴Marjan Zezoski

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³Department for Infectious diseases, Medical Center Veles, FYROM

⁴Department for Infectious diseases, Medical Center Prilep, FYROM

OP29 PREVALENCE OF HEMATOGENOUS TRANSMITTED INFECTIONS IN BLOOD DONORS POPULATION IN THE LAST 5 YEAR PERIOD

¹Eymorfia Vamvaka, ²Dorothea Hatzidaki, ²Attalia Ferke,

¹Eyangellos Aggelou, ³Giorgos Ntetskas, ³Vasileios Papastergiou,

³Eystathia Anastasiou, ³Stilianos Karatapanis

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OP30 COULD COAGULASE NEGATIVE STAPHYLOCOCCUS ISOLATION BE SIGNIFICANT POST FOREIGN BODY REMOVAL? A CLINICAL CASE OF LATE-ONSET VENTRICULITIS

¹Sarah Thompson, ¹Samantha Simpkins, ²Aggelos Stefos,

³Elizabeth Jane Minton, ^{1,4}Vasileios Papavasileiou

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⁴School of Medicine, University of Leeds, Leeds, UK



OP31 INFLAMMATORY SYNDROME AS INITIAL MANIFESTATION OF RETROPERITONEAL TUBERCULOSIS IN A PREGNANT WOMAN

¹Marwene Grira, ²Sophie Durieux-Paillard, ¹Laurent Getaz,

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²Migrant health Program, Division of Primary Care Medicine, University Hospitals of Geneva, Geneva, Switzerland ³Division of Pulmonary Diseases, Department of Internal Medicine Specialties, University Hospitals of Geneva, Geneva, Switzerland

OP32 PERITONEAL FLUID CULTURE EVALUATION IN A GENERAL HOSPITAL IN A FIVE-YEAR PERIOD

¹Nikolaos Zotos, ²<u>Eirini Tatsina</u>, ³Apostolina Papadopoulou, ¹Evaggelia Chrisostomou, ¹Eleni Mosheta, ¹George Katagis, ¹Christos Briasoulis, ¹Christos Mitsis, ¹Christos Georgiou,

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OP33 PREDICTORS OF LOWER RESPIRATORY TRACT INFECTIONS (LRTI) IN ELDERLY PATIENTS REQUIRING HOSPITALIZATION

<u>Panagiota Voukelatou</u>, Ioannis Vrettos, Athina Bitsikokou, Areti Ragkou, Vasilios Anastasopoulos, Andreas Kalliakmanis 2nd Department of Internal Medicine, General and Oncology Hospital of Kifissia "Agioi Anargyroi", Athens, Greece

³Jean-Paul Janssens



08:30 - 09:30 ORAL PRESENTATIONS MISCELLANEOUS

OP34-OP39

<u>Chairpersons</u>: M. Voulgarelis (Athens, Greece),
V. Lambadiari (Athens, Greece)

OP34 PROLONGED FEBRILE ILLNESS (PFI) REVISITED: A RETROSPECTIVE ANALYSIS OF A SINGLE TERTIARY REFERRAL CENTER EXPERIENCE IN CENTRAL GREECE

<u>Erietta Polychronopoulou</u>, Pinelopi Arvaniti, Anna Samakidou, Leonidas Mavroidis, Konstantinos Makaritsis, George N. Dalekos, Kalliopi Zachou

Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece

OP35 IMPORTANCE OF LOCAL FOODS FOR THE TROFOSTAZ

<u>Taganmyrat Hojageldiyev</u>, Bahar Arashova, Yklym Bolmammedov Pharmacology Department, State Medical University of Turkmenistan, Ashgabat, Turkmenistan

OP36 ALTERNATIVES ON ADMISSION TO A CHRONIC-MULTIMORBIDITY UNIT

¹Raquel Rodil, ²Vincenzo Malafarina, ¹Paula Mendoza,

¹María Ruiz, ¹Gregorio Tiberio

¹Internal Medicine, Complejo Hospitalario de Navarra, Navarra, Spain

²Geriatric Medicine, Complejo Hospitalario de Navarra, Navarra, Spain

OP37 EVALUATION OF MORTALITY CAUSES OF THE LAST 10 YEARS IN DEPARTMENT OF INTERNAL MEDICINE UNIVERSITY OF HEALTH SCIENCES UMRANIYE EDUCATION AND RESEARCH HOSPITAL

¹Sema Ucak, ¹Ridvan Sivritepe, ²Ayşe Nilüfer Özaydın, ¹Damla Ortaboz, ¹Ecem Sevim Çalık, ³Arzu Çalışgan ¹Department of Internal Medicine, University of Health Sciences Umraniye Education and Research Hospital, Istanbul, Turkey ²Department of Public Health, Marmara University Faculty of Medicine, Istanbul, Turkey

³Medstats Consulting Limited Company, Istanbul, Turkey

PARALLEL SESSIO



Hall Thalia 4

OP38 ASSOCIATION OF SERUM TUMOR MARKERS CEA AND CA 15-3 WITH OXIDATIVE STRESS AND BODY MASS INDEX (BMI) IN DIFFERENT SUBTYPES OF BREAST CANCER

¹Eleftheria Daridou, ¹Evgenia Lymperaki, ²Stylianos Kakoliris,

²Ioanna Balgouranidou, ²Theodora Gioka

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²General University Hospital of Alexandroupolis, Alexandroupolis, Greece

OP39 ESTIMATION OF OXIDATIVE STRESS BIOMARKERS IN PATIENTS WITH HEMATOLOGICAL MALIGNANCIES

¹<u>Ioannis Tsamesidis</u>, ²Eugenia Lymperaki, ³Kali Makedou,

³Stavros Iliadis, ²Anna Pekou, ²Athanasios Tsagkadouras,

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Hall Hesperides

09:30 - 11:00 ROUND TABLE

Global health security: Threats and opportunities

<u>Chairpersons</u>: Christos Hadjichristodoulou (Larissa, Greece)

loannis Baskozos (Athens, Greece)

Global health and population movements **Varvara Mouchtouri** (*Larissa*, *Greece*)

The role of points of entry (ports, airports, ground, crossings) in global health security

Daniel Lins Menucci, WHO Headquarters (Lyon, France)

The impact of the International Health Regulations 2005 in global health security

Thomas Hofmann, WHO Euro (Copenhagen, Denmark)

PARALLEL SESSION



09:30 - 10:30 SYMPOSIUM

Acute kidney injury after abdominal surgery

Chairperson: Runólfur Pálsson (Reykjavik, Iceland)

Definition, classification and diagnosis of acute kidney injury **José António Lopes** (Lisbon, Portugal)

Acute kidney injury after abdominal surgery: Risk factors and management

Runólfur Pálsson (Reykjavik, Iceland)

Hall Hesperides

11:00 - 11:30 STATE-OF-THE-ART LECTURE

<u>Chairperson</u>: Panayiotis G. Vlachoyiannopoulos (Athens, Greece)

Autoimmune serology: The strategy, methodology and clinical governance

Diego Vergani (London, UK)

11:30 - 12:00 E-poster viewing/Coffee break

12:00 - 13:30 ROUND TABLE

Autoimmune cholestatic liver diseases

<u>Chairpersons</u>: **Gideon Hirschfield** (Birmingham, UK) **Henk R. van Buuren** (Rotterdam, The Netherlands)

Scientific and practical aspects of registries in primary biliary cholangitis (PBC)

Henk R. van Buuren (Rotterdam, The Netherlands)

PBC: Old and novel therapies **Annarosa Floreani** (*Padova*, *Italy*)

Variant syndromes: Classification and management **Albert Pares** (Barcelona, Spain)

Deranged cholestatic enzymes in a patient with inflammatory bowel disease: What to do?

Gideon Hirschfield (Birmingham, UK)



13:30 - 14:00 STATE-OF-THE-ART LECTURE

<u>Chairperson</u>: Nikolaos K. Gatselis (Larissa, Greece)

Disease specific IVIG to treat diverse autoimmune diseases **Miri Blank** (*Tel Aviv*, *Israel*)

14:00 - 14:30 SATELLITE LECTURE

14:30 - 16:00 E-poster viewing/Leisure time

Hall Hesperides

PARALLEL SESSION

16:00 - 17:30 ROUND TABLE

Highlights in intensive care unit (ICU) infections

<u>Chairperson</u>: George Dimopoulos (Athens, Greece)

Prevention of ventilator-associated pneumonia (VAP):

Could be realistic?

Stijn Blot (Ghent, Belgium)

Reducing the antifungal drugs consumption in the ICU

Philippe Montravers (Paris, France)

Fighting multi-drug resistant (MDR) pathogens in the ICU

Murat Akova (Ankara, Turkey)

Hall Thalia 4

DESSION

16:00 - 17:30 ROUND TABLE

NAFLD - NASH: From pathogenesis to treatment

<u>Chairpersons</u>: **Vlad Ratziu** (Paris, France)

Emmanuel A. Tsochatzis (London, UK)

Steatosis and metabolic risk factors: Who is at risk of liver disease progression

Mattias Ekstedt (Linköping, Sweden)

NAFLD genetics

Quentin Anstee (Newcastle, UK)

Non-invasive assessment of liver fibrosis in NAFLD

Emmanuel Tsochatzis (London, UK)

Novel pharmacotherapy options for NASH

Vlad Ratziu (Paris, France)



17:30 - 18:00 STATE-OF-THE-ART LECTURE

<u>Chairperson: Spyridon Dourakis (Athens, Greece)</u>

The coagulopathy of chronic liver disease **Pier Mannuccio Mannucci** (Milan, Italy)

Hall Hesperides

PARALLEL SESSION

18:00 - 19:00 SYMPOSIUM

Lymphocyte disruptions in autoimmune diseases

Chairperson: Yves Renaudineau (Brest, France)

Diagnostic accuracy of lymphocyte subset profiling in autoimmune diseases

Christophe Jamin (Brest, France)

Myeloid populations are altered in systemic autoimmune diseases

Concepción Marañón (Granada, Spain)

Hall Thalia 4

LEL SESSION

18:00 - 19:00 SYMPOSIUM

Practical guidelines for diagnosis, management and outcome of drug-induced liver injury (DILI)

<u>Chairperson</u>: Annarosa Floreani (Padova, Italy)

Diagnostic evaluation of suspected DILI **Ynto de Boer** (Amsterdam, The Netherlands)

Management and outcome of DILI in patients with or without chronic liver disease

Alexandra Alexopoulou (Athens, Greece)

19:00 - 19:30 Coffee Break

Hall Hesperides

19:30 -21:00 SATELLITE SYMPOSIUM



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